

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Walk/Run @ 6:30am Aliso Woods Trail	2 Soccer @ 6pm TBD	3	4	5 Bootcamp @ 7am CBC - 120E Hike @ 8am Arroyo Trabuco Trail
6 Family Bike Ride @ 12:30pm Aliso & Wood Canyons Wilderness Park	7	8 Walk/Run @ 6:30am Strands Beach	9 Sunset Hike @ 6pm Aliso Summit Trail	10	11 Soccer @ 6pm Pacific Hills Park	12 Hike @ 7am CBC - 120 E Bootcamp @ 8am TBD
13	14 Walk/Run @ 9am Laguna Niguel Regional Park	15 Walk/Run @ 6:30am Aliso Woods Trail	16 Soccer @ 6pm TBD	17	18	19 Bootcamp @ 7am CBC - 120E Hike @ 8am Barbara's Lake & Ridgetop
20	21	22 Walk/Run @ 6:30am Strands Beach	23 Sunset Hike @ 6pm Badlands	24	25 Soccer @ 6pm Pacific Hills Park	26 Hike @ 7am CBC - 120 E Bootcamp @ 8am TBD Linked Cycling Fellowship Ride
27	28 Walk/Run @ 9am Oso Creek Trail	29 Walk/Run @ 6:30am Aliso Woods Trail	30 Soccer @ 6pm TBD			

MEETING LOCATIONS

Aliso Summit Trail

29292 Ridgeview Dr.,
Laguna Niguel

Aliso Woods Trail

23810 Aliso Creek Rd., Laguna Niguel
(IHOP parking lot)

Arroyo Trabuco Trail

24460 Olympiad Rd,
Mission Viejo

Badlands Park

31671 Isle Vista, Laguna Niguel
(Park on Isle Vista before guard gate)

Barbara's Lake Loop

1 Hummingbird Ln.,
Laguna Beach

Family Bike Ride

Awma Rd.,
Laguna Niguel

Laguna Niguel Regional Park

La Paz Sports Park
29052 La Paz Rd., Laguna Niguel
(Baseball field)

Linked Fellowship Ride

27432 Aliso Creek Rd.,
Aliso Viejo

Oso Creek Trail

24932 Veterans Way,
Mission Viejo

Pacific Hills Park

18 Covington,
Mission Viejo

Strands Beach

34116 Selva Rd., Dana Point
(Meet in parking lot)

